

**Top 5 Ways to Collaborate with Health Ed via your programming calendar:**

- Bring the PHEs in for an Eating Right (nutrition program) and then go and enjoy the holiday lights.
- Watch “Step Up 3” and do a healthy relationship program before hand.
- Saw Dr. Drew?? Now treat your residents to a healthy relationship program by the PHEs.
- Residents need a little check in on positive body image? Bring the PHEs in for our “NoBody’s Perfect” program before attending the fashion show.
- Played in the Dodgeball tournament? Let’s follow that up with some general men’s health and/or women’s health programming.