

Pray the Gay Away; Resilience in Christian LGB Young Adults

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Purpose

1. To study LGB identity formation in Christian LGB young adults.
2. To compare the assets and resources present in ex and current Christian LGB young adults.

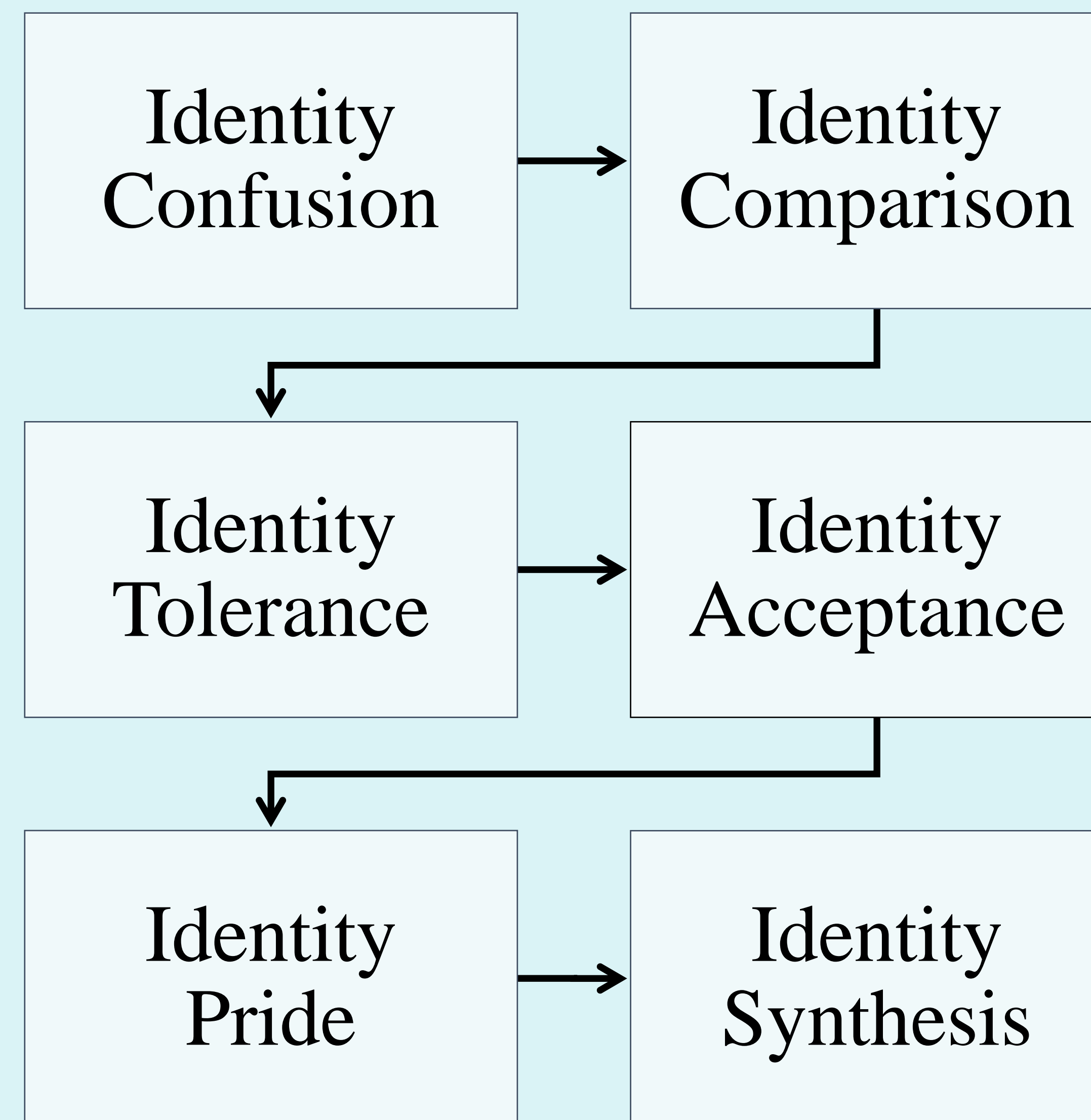
Research has been done on resilience in LGB individuals, LGB identity formation, and Christian LGB identity formation, but little is known about the relationship between the three. This study looks to analyze these topics through the lens of resilience in order to better understand the co-existence of Christian and LGB identities within the individual.

Resilience

Resilience-based research is relatively new, having gained traction in the early 1970s. To be considered resilient, an individual must (1) experience an adverse or traumatic event that has the severe potential to impair one's development and (2) must respond to the event by utilizing constructive skills and behaviors to deter their development's damage. These responses are looked at in terms of assets and resources, taken from the Resilience Portfolio Model.

The Homosexual Identity Formation Model

Cass, 1983



The Resilience Portfolio Model

Banyard, Grych, & Hamby, 2015

Assets

Regulatory Strengths

Meaning Making Strengths

Interpersonal Strengths

Resources

Supportive Relationships

Environmental Factors

Coping Skills

Religious Identity Dissonance

Coined by Jeremy Gibbs and Jeremy Goldbach, religious identity dissonance stems from cognitive consonance and cognitive dissonance. Cognitive consonance occurs when an individual's values and beliefs coincide with each other, while cognitive dissonance occurs when these values and beliefs are conflicting. Therefore, Religious identity dissonance refers to the identity conflict Christian LGB persons face when integrating their religious and sexual identities.



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References

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